

Snoring is not only an unpleasant noise

Do you snore or does your partner tell you that you snore?

Do you wake up during the night with a start, with a shortness of breath, or with a dry mouth?

Do you feel tired in the morning or have headaches?

Do you feel you have less mental capacity, you suffer from memory loss or have difficulties in concentrating?

Do you fall asleep easily while watching television, reading or in the cinema?

Do you suffer from high blood pressure, diabetes, chest angina, or suffer from any type of heart condition?

Do you take sleeping tablets?

Are you overweight?

The Sleep Apnoea can cause important health problems such as over-tiredness, depression, loss of concentration and memory, low libido, high blood pressure, cerebrovascular diseases, (strokes, heart attacks), decreasing the life expectancy of those who suffer from it.

The main symptoms are heavy, chronic snoring, respiratory problems and tiredness (sensation of not having slept well)



The incidence of snoring in people over 40 years old is:

60 % MALE

40 % FEMALE

The incidence of apnea in people over 40 years of age is 6% in male and 4% in female reaching 25% for people of 65 years of age.

Intraoral appliances will help solve the problem. Consult your dentist.

More Information

If you have any questions you can consult our web site at www.orthoapnea.com where you will find detailed information on sleep apnea, its diagnosis, treatment etc.

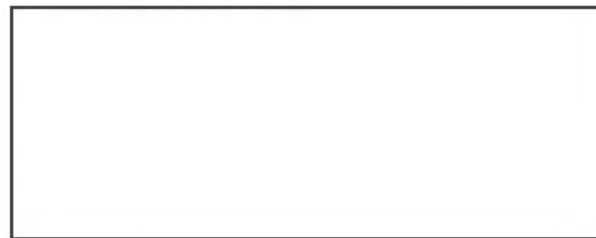
If you think you may suffer from sleep apnea please visit our website www.orthoapnea.com, click on the "patient" area and you will be able to look for a Clinic or specialist Doctor to evaluate your case, make a diagnosis and adapt an OrthoApnea device to your specific needs.

Be in no doubt, the time has come to rest properly.



www.orthoapnea.com

Consult a certificated laboratory:



I SNORE AM I ILL?

The solution to your snoring problem,
and the best treatment for
Sleep Apnea (Apnoea)



Patented / ISO 9001 / CE

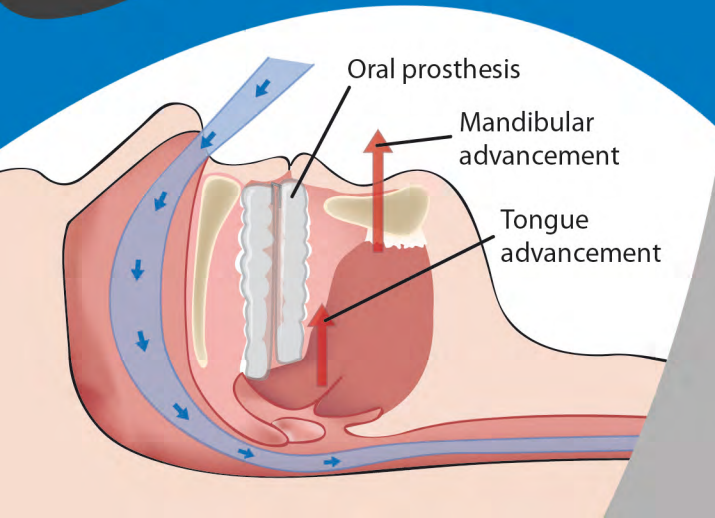


Sleep Apnea

During sleep, the muscles which keep the respiratory tract open become relaxed. This makes it more difficult for air to pass through the pharynx, and the soft tissue vibrates, resulting in snoring. The lack of air flow often causes the level of oxygen to decrease in the blood. Consequently the brain is alerted which results in interrupted sleeping patterns.

This oxygen deficiency causes a number of symptoms such as excessive sleepiness, general tiredness, and depression. On a more general health level, there is also increased risk of high blood pressure, heart attacks, strokes, diabetes etc.

The excessive sleepiness, memory loss and mood changes may influence the personal, working and social life of the individual affected and increase the possibility of suffering an accident while at work or while driving a vehicle.



How does it affect our body?

- | | |
|---|--------------------------------------|
| Anxiety | Irritability |
| Limited attention span | Problems of concentration and memory |
| Tiredness during the day | Muscular pain/fatigue |
| Falling asleep at inappropriate moments | Snoring |
| Fibromyalgia | Weight problems |
| Gastric problems | Depression |
| High blood pressure | Diabetes |
| Impotence | |
| Increased risk of heart attack | |

The efficiency of intraoral appliances for the treatment of these problems is attested to by the large volume of scientific literature available and a lot of research in this area.



Features of the OrthoApnea device:

- It is comfortable and easy to use
- It is tailor made for each individual, easy to use and comfortable
- It is made of biocompatible materials (titanium thermoplastic)
- It can be easily adapted
- It allows normal movement and when in place it is possible to like talk, drink, cough etc.
- It allows breathing easily, doing away with snoring forever .
- Its use is appropriate for snoring and for people suffering from Sleep Apnea
- It allows lateral movement.

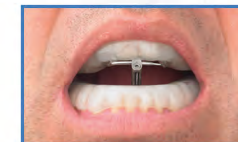


The most efficient solution

OrthoApnea is a new patented intraoral appliance designed for the treatment of snoring and Sleep Apnea.

The mechanism is based on a controlled and comfortable advancement of the mandible, which increases the muscle tone in the respiratory tract area, allowing the air to flow freely. As a result, snoring is eliminated and the episodes of apnea are reduced, resulting in a better quality of life for the patients.

Total mobility for the greatest comfort



Also, OrthoApnea allows the patient to open to mouth to breathe, drink or speak.